

Day opportunities and activities

What you need to know about day opportunities and activities

Day opportunities & activities

What opportunities are available?

We offer building-based support and also outreach support for residents with complex and high support needs, including those with learning difficulties, dementia and behaviours that challenge.

We have a variety of services across Buckinghamshire. These are:

- Wycombe Short Breaks
- Aylesbury Short Breaks (including Spectrum Autism Service)
- Burnham Short Breaks
- Chesham Short Breaks
- Buckingham Short Breaks
- Seeley's Overnight Service
- Seeley's Day Short Breaks
- Spring Valley Short Breaks

When are services open?

All services are open Monday to Friday all year round, except for Bank Holidays. All services are closed over Christmas.

Seeleys short breaks overnight services is open all year round apart from Christmas Day.

What happens if I want to go?

To see how we can support you best, we may need to complete an assessment of needs. You can request an assessment by calling 01296 383204.

A member of staff will call you to find out a bit about you and see if the day service can support you. On your first day attending the service, you may have your own social care assitant who will help you settle in and will create a support plan with you.

After six weeks, we will get in touch with you to make sure that you are happy with how the service is supporting you. We will then complete six-monthly and yearly reviews to make sure you are still happy and the service meets your needs.

How do I get to the day service?

During your assessment of needs we will discuss your travel options. If you are unable to make your own way to the service, transport can be arranged for you.

Will I be given lunch?

Burnham, Aylesbury and Seeleys day are able to offer lunch to you however you have the choice of bringing your own ready made meals or a packed lunch. There is also the opportunity for you to go into the community to purchase lunch.

Seeleys Overnight service provide breakfast, lunch and dinner.

Will I have to pay?

Depending on your financial assessment, you may have to pay for the service and for any transport we arrange for you. There may be additional charges for meals and refreshments and for some activities.

Are the day services accessible?

We use the better lives outcome programme which focuses on 3 key areas. Helping people to live independently, helping people to regain independence and helping people to live with support.

The day services are fully accessible for those with mobility problems and our sites are wheelchair-friendly. The toilet facilities are also accessible and spacious, and we are always on hand to help if any assistance is needed.

Use this space to write down things you need to remember to tell us


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How to contact us

Adult Care Services


To get more information about adult social care services you can:

 **Go online:** buckinghamshire.gov.uk and click on 'Care for Adults'


 **Call:** Social worker: _____ Team: _____

Are you worried about somebody?

If you or someone you know is at risk of abuse or neglect:


 **Call:** 0800 137915 (24 hours a day)

If you would like to give us feedback

 **Go online:** Please complete the online form at buckinghamshire.gov.uk

If you prefer you can:

 **Call:** 01296 387844

 **Email:** complimentsandcomplaints@buckinghamshire.gov.uk