



What ACTIONS are being undertaken in Buckinghamshire to prevent and treat obesity?

148 actions are currently being implemented across Buckinghamshire.

A further... **12** are planned within the next three years.

94% focus on primary prevention.

Weight management services available across Buckinghamshire.

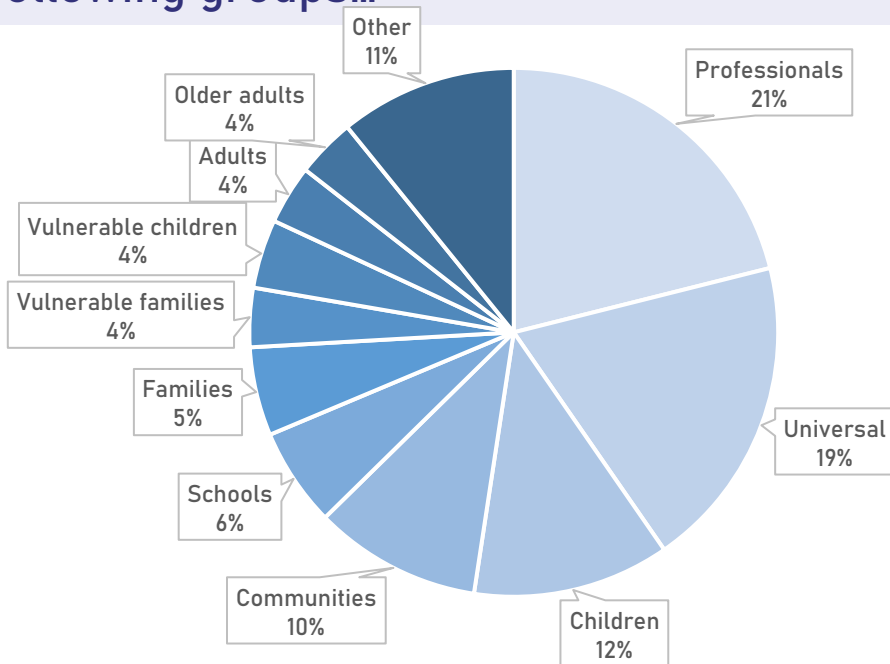
50% of actions aim to change the environments that people live or work in.

43% of actions aim to change individual lifestyle behaviours directly via education.

Tier 2 Live Well Stay Well for **2100** adults & **180** children or families per year.

These current actions are targeting the following groups...

Tier 2 FitFans for **90** men per year.



Tier 3 services for **138** adults per year.

Tier 4 surgery for **30** adults per year.



The distribution of actions compared to the causes of obesity

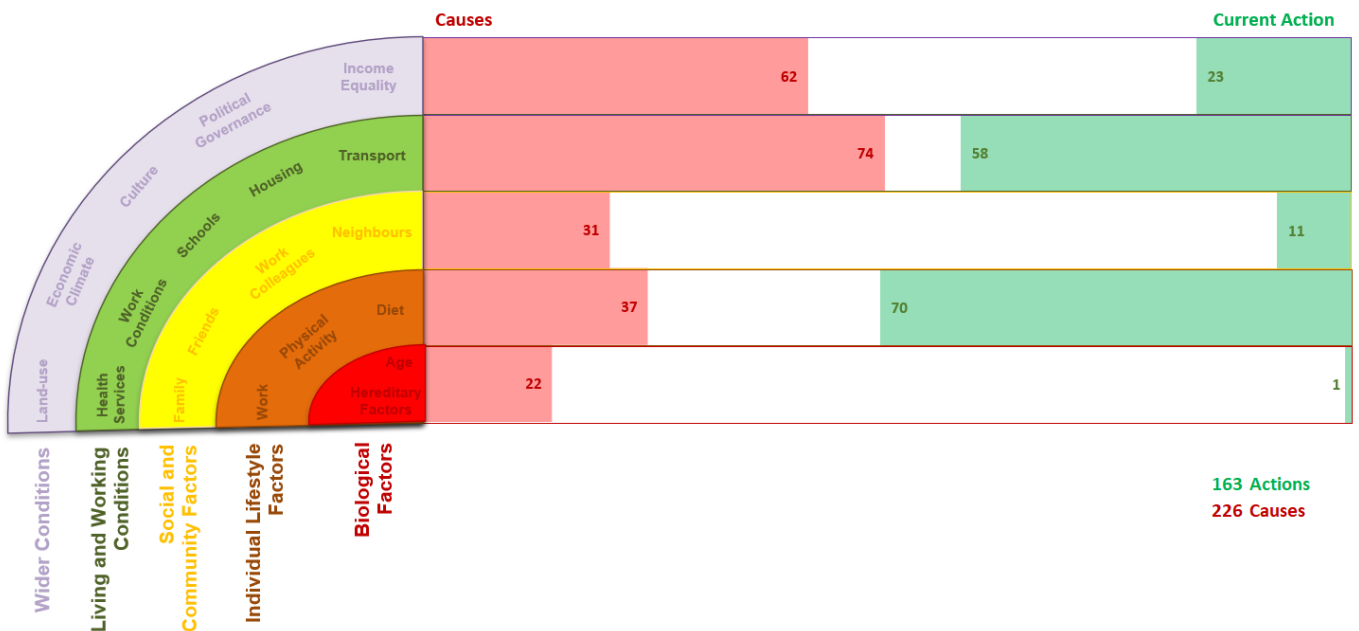
About the figure

The 226 causes of obesity (red, left) were derived from the Foresight Report and from workshops with stakeholders involved in the PHE Whole Systems Obesity programme.

These causes were categorised against the Wider Determinants of Health model (Dahlgren and Whitehead, 1991).

The actions being carried out in Buckinghamshire (green, right) were also categorised against this model. Actions could be categorised at more than one level.

The distribution of actions against the causes of obesity can then crudely be compared.



Causes

10% are biological factors

16% are individual lifestyle factors

14% are social and community factors

33% are living and working conditions

27% are wider conditions

Actions

1% targeted biological factors

43% targeted individual lifestyle factors

7% targeted social and community factors

36% targeted living and working conditions

14% targeted wider conditions