













# What is a moving and handling review?

What you need to know about moving and handling reviews







## What is a moving and handling review?

A moving and handling review aims to make sure you are receiving the right level of care and support at home, and that any equipment you have or need is suitable for you.

An Occupational Therapist will work with you to find out what is important to you and look at ways to make the most of your involvement in your care. They can identify suitable equipment for you and your home. Sometimes equipment, such as a ceiling track hoist, can support care to be delivered by one carer.

#### What if I want to keep things as they are?

It is important to have regular reviews as your situation can change over time. A professional who prescribes equipment has a duty of care and responsibility to carry out a moving and handling review every year. What may have worked in the past may need updating as new and improved equipment becomes available.

#### What will happen during a moving and handling review?

An Occupational Therapist will visit you at home with other people important to your care, for example your carers, your social worker and someone you would like to support you. They will look at what is important to you, your care package, how it is completed and the space in your home.

#### What might the outcome of the review be?

A moving and handling review can mean that your care package stays the same, is increased or is reduced. For example, you might have two carers visiting you at home. After a review, it might be possible for your care and support to be delivered by one carer with the right equipment for you.

#### Do I need to pay for equipment?

Equipment is loaned to you for the period that you need it, with no cost to you. Once no longer required, you can call the equipment store NRS Healthcare on 08451 238 248 and ask them to collect it.

### What are the benefits of moving and handling reviews?

Moving and handling reviews ensure you have the right level of care to meet your assessed needs, using up to date equipment. Your strengths and abilities will be considered to promote your participation in how you are moved. Other benefits include increased dignity, choice and control and a better relationship with your carer.

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